

# TIME TO EAT



## Breads

	Visitors	Members
V Garlic Bread	\$6.50	\$5.85
V Chilli Cheese Bread	\$6.50	\$5.85
V Bruschetta w Feta Cheese	\$7.00	\$6.30
Cheese + Bacon Bread	\$8.00	\$7.20

## Salads

	Visitors	Members
V GF Garden Salad	\$10.00	\$9.00
Cos lettuce, tomato, cucumber, onion, capsicum + carrot		
V GF Rocket + Parmesan Salad	\$10.00	\$9.00
Finished w a sweet paprika aioli		
Caesar Salad	\$14.50	\$13.05
Cos lettuce, parmesan cheese, garlic croutons, bacon + poached egg		
V GF Waldorf Salad	\$14.50	\$13.05
Pear, red onion, rocket, walnuts, sliced fennel + balsamic glaze		
ADD:	Visitors	Members
Avocado GF	\$3.00	\$2.70
Calamari GF	\$6.00	\$5.40
Grilled prawns GF	\$8.00	\$7.20
Teriyaki steak	Visitors \$6.00	Members \$5.40
Grilled chicken	Visitors \$6.50	Members \$5.85 GF

## Burgers + Wraps

Available for Lunch only

	Visitors	Members
Steak Sandwich	\$13.00	\$11.70
Grilled rib fillet, fried onion, lettuce, tomato, beetroot + cheese		
Homemade Hamburger	\$13.00	\$11.70
Homemade pattie, onion, lettuce, tomato, beetroot + cheese		
V Fried Haloumi + Vegetable Wrap	\$13.00	\$11.70
Grilled haloumi, seasonal vegetables, finished w mint garlic yogurt		
Chicken Wrap	\$14.00	\$12.60
Grilled chicken, lettuce, tomato, carrot, onion + cheese		
Beef Wrap	\$14.00	\$12.60
Rump steak, lettuce, tomato, carrot, onion + cheese		
Chicken + Bacon Burger	\$15.00	\$13.50
Grilled chicken, bacon, egg, lettuce, tomato, beetroot + cheese		
Fish Burgers	\$15.00	\$13.50
Battered barramundi, lettuce, tomato, beetroot + cheese		

Choose between Sweet Chilli, Caesar Dressing, Ranch Dressing, Garlic Aioli, BBQ Sauce, Tomato Sauce, Tartare Sauce or Honey Mustard Sauce

Gluten Free Wrap Extra \$1.50 \$1.35

## Share Platters

	Visitors	Members
GF Prawn + Avocado Plate	\$15.50	\$13.95
Finished w grilled haloumi		
Lamb Cutlets	\$15.00	\$13.50
Served w an aged mint garlic yogurt + vegetable cous cous		
Pan Fried Calamari	\$17.00	\$15.30
Served w chorizo sausage salad + finished w rocket salad		
GF Mini Chicken Mignon	\$17.00	\$15.30
Served w garlic butter + finished w sauce verde		
GF Crispy Skinned Duck	\$17.00	\$15.30
Served w orange + citrus salad		

## Pasta Dishes

	Visitors	Members
V Antipasto Pasta	\$21.50	\$19.35
Onion, tomato, artichokes, capsicum, olives, parsley + parmesan cheese		
Chicken Linguine	\$22.50	\$20.25
Chicken tenders, bacon, mushrooms, sun dried tomato, shallot, garlic, basil pesto, red capsicum, cream + parmesan cheese		
Garlic Prawn Linguine	\$24.50	\$22.05
Tossed w shallots, capsicum, sun dried tomato, cream + parmesan cheese		

# House Specials

	Visitors	Members
<b>Crumbed Steak</b> Served w rich gravy + crispy chips	\$17.00	\$15.30
<b>Roast of the Day</b> Served w baked potato + steamed vegetables	\$18.50	\$16.65
<b>GF Lamb Rack</b> Served on a sweet potato mash, finished w a red wine + rosemary sauce	\$26.50	\$23.85
<b>Ocean + Earth Grilled Chicken Breast</b> Served w prawn's, scallop's, calamari in a creamy white sauce	\$27.50	\$24.75

# Seafood

	Visitors	Members
<b>Seafood Basket</b> Crumbed prawns, calamari, scallop + fish w crispy chips	\$17.00	\$15.30
<b>Battered Barramundi</b> Served w garden salad + crispy chips	\$18.50	\$16.65
<b>Salt + Pepper Calamari</b> Served on a rocket + parmesan salad	\$18.50	\$16.65
<b>GF Garlic Prawn</b> Served on fluffy rice w pastry sails	\$25.00	\$22.50
<b>Thai Green Curry Prawns</b> Served on fluffy rice w pastry sails	\$25.00	\$22.50
<b>Atlantic Salmon</b> Served w char grilled asparagus + béarnaise sauce on mashed potato	\$26.00	\$23.40

# Grill It

	Visitors	Members
<b>Grilled Barramundi</b> Served on salt + pepper potato cakes w a lemon butter sauce	\$22.00	\$19.80
<b>Pan Fried Duck Breast</b> Served w an orange glaze + vegetable cous cous	\$26.00	\$23.40
<b>Grilled Chicken Breast</b> Topped w fanned avocado + béarnaise sauce served w steamed vegetables + baked potato	\$26.00	\$23.40
<b>GF 250g Rib Fillet</b> Served w baked potato + steamed vegetables	\$29.00	\$26.10
<b>GF 300g Rump</b> Served w baked potato + steamed vegetables	\$29.00	\$26.10
<b>GF 200g Fillet Mignon</b> Wrapped in bacon + served on mash potato w a field mushroom	\$32.00	\$28.80

\*All steaks served w your choice of Mushroom, Pepper or Diane Sauce,  
GF Gravy available\*

# Sides + Toppers


	Visitors	Members
<b>GF Avocado</b>	\$3.00	\$2.70
Side of Chips	\$3.00	\$2.70
<b>GF Rocket + Parmesan Salad</b>	\$3.50	\$3.15
<b>GF Garden Salad</b>	\$3.50	\$3.15
<b>GF Steamed Vegetables</b>	\$4.00	\$3.60
Beer Battered Onion Rings	\$4.00	\$3.60
<b>GF 60 Second Calamari</b>	\$6.00	\$5.40
Large Chips	\$7.00	\$6.30
Garlic Prawns	\$8.00	\$7.20

# Senior Meals

	Visitors	Members
<b>Spaghetti Bolognaise</b> Tender beef in a rich tomato sauce topped <u>w</u> parmesan cheese	\$13.50	\$12.15
<b>Fish Goujons</b> Served <u>w</u> crispy chips + garden salad	\$13.50	\$12.15
<b>Salt + Pepper Calamari</b> Served on a rocket + parmesan salad	\$13.50	\$12.15
<b>100g Rib Fillet</b> Served <u>w</u> baked potato, steamed vegetables + <u>w</u> your choice of sauce Mushroom, Pepper or Diane Sauce	\$13.50	\$12.15
<b>Roast of the Day</b> Served <u>w</u> baked potato + steamed vegetables	\$13.50	\$12.15
<b>100g Crumbed Steak</b> Served <u>w</u> mashed potato, steamed vegetables + <u>w</u> your choice of sauce Mushroom, Pepper or Diane Sauce	\$13.50	\$12.15

# KIDS MENU

Kids meals are for children 12 years & under.  
Meals are served with tomato sauce or gravy.

	Guests	Members
Spaghetti Bolognaise	\$10.00	\$9.00
Crumbed Whiting	\$10.00	\$9.00
100g Rib Fillet  GF	\$10.00	\$9.00
Chicken Tenders	\$10.00	\$9.00
Kids Roast	\$10.00	\$9.00
Ice cream	\$3.30	\$3.00

