

# THE INSIDE OUTERS GROUP

BUILDING LIVES FROM THE INSIDE OUT:  
DISCOVERING IDENTITY AND DESTINY THROUGH HONESTY AND VULNERABILITY



## WHAT IS IT?

This group is designed for Christian men seeking to overcome lust/sex/porn addiction, and walk in their identity and destiny. The group is based on a group therapy model, which encourages sharing and interaction, allowing the issues and needs of each participant to emerge, for the purpose of personal insight and healing.

## OUR WEAPONS

We gain freedom from our addictive struggles and the issues underpinning them with Honesty and Vulnerability. Freedom from lust helps us to discover our Identity, and walk in our Destiny.

## WHERE?

Life Builders Inc.  
Suite 2, Transformation Centre  
165 Rooks Rd, Vermont, Vic, 3133

## WHEN?

1 evening a week for 8 weeks

## ENQUIRIES

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***Equipping people for life and service***