

BRISBANE

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North St Medical Centre
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IPSWICH

Limestone Street Centre
15 Gordon Street
Ipswich Q 4305
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SUNSHINE COAST

Memorial Ave
Specialist Centre
63 Memorial Ave
Cotton Tree Q 4558
Ph: (07) 5353 5166
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CABOOLTURE

Caboolture Specialist
Centre
15 Hasking Street
Caboolture Q 4510
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TOOWOOMBA

St Vincents Hospital
Scott St
Toowoomba Q 4350
Ph: (07) 4646 4250
Fax: (07) 4646 4253
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BUNDABERG

Mater Medical Suites
313 Bourbong Street
Bundaberg Q 4670
Ph: (07) 4304 8001
Fax: (07) 4304 8002
bundaberg@
qldrespiratory.com.au

Patient Details:

Surname:

First Name: DOB:/...../.....

Address:

Home Ph: Work: Mobile:

Clinical History/Details:

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Investigation Required:

- Full lung function (spirometry, lung volumes + gas transfer)
- Spirometry/Flow volume loops - before and after bronchodilator
- Cardiopulmonary exercise test (Wesley & Toowoomba)
- Bronchial provocation:
 - Mannitol challenge
 - Exercise (Wesley & Toowoomba)
 - Hypertonic saline (Wesley)
 - Histamine Challenge
- Allergen skin prick test
- Hypoxic altitude simulation test (Wesley & Bundaberg)
- Respiratory muscle strength (MIPS/MEPS & postural spirometry)
- Six Minute Walk Test (single trial without O₂)
- Six Minute Walk Test (dual trial without and with O₂ for MASS evaluation)

Referring Doctor Details:

Doctors Name:

Address:

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Signature: Provider No:

Date of Referral:/...../..... Fax No. for Report:



Queensland Respiratory Services

Bronchial Provocation - withholding times prior to test

	Exercise	Mannitol / Hypertonic Saline
Day of test	Avoid coffee, tea, chocolate, cola drinks	Avoid coffee, tea, chocolate, cola drinks
6-8 hours	Ventolin, Bricanyl, Airomir, Intal	Ventolin, Bricanyl, Intal, Tilade
12 hours		Flixotide, Alvesco, Qvar, Atrovent
24 hours	Atrovent, Neulin, Theodur	Seretide, Symbicort, Serevent, Oxis, Nuelin
48 hours	Serevent, Seretide, Oxis, Spiriva, Symbicort, Onbrez	
72 hours	Antihistamines e.g. Telfast, Zyrtec, Claratyne	Spiriva, Antihistamines, Onbrez
4 days	Singulair	Singulair

Exercise Test

Day of test - avoid heavy meals, smoking and alcohol consumption. Wear comfortable shoes and clothing for riding a bike. On the day of the test report to Reception in Ward 2W of the Wesley Hospital (Brisbane) or Respiratory Laboratory at St Vincent's Hospital (Toowoomba) at the appointed time. A doctor will be present for the testing.

Allergen Skin Prick Test

72 hours before test - do not take antihistamines e.g. Claratyne, Avil, Zyrtec etc.

Respiratory and Sleep Specialists

Dr Farzad Bashirzadeh

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Dr Michael Bint

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Dr Ian Brown

(07) 3832 1717

Dr Robert Edwards

(07) 3870 4511

Dr Maurice Heiner

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Dr Justin Hundloe

(07) 3870 4133

Dr Charl Liebenberg

(07) 4153 9414

Dr Lee Rafter

(07) 4688 5480

Dr Chris Zappala

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