

1:1 Offerings

Holistic Reiki Experience + \$160 + 90 Minutes

I am here to guide women to find a way back to calm with holistic practices to combat the overwhelm and stress that comes from our daily lives.



Groups & Events

In-Person and Online

Holding space and facilitating Workshops, Soul Circles, Courses and Online Resources and bringing together a community of Soul Nurturing Goddesses.



Holistic Products

For Self-Care & Rituals

Find a deeper connection on a mental, emotional, spiritual and physical level with the use of my holistic products that invite you to indulge all of your senses.

Aura Sprays \$30 + Diffuser Blends \$25 + Crystals from \$18



Delve Deeper

For the Curious Souls

I invite you to browse through my full website, feed your mind, get to know me a little better, have a look at my offerings and feel free to touch base if you have any questions.

