

**GutAid<sup>+</sup>**  
*my goodness*





# Dairy<sup>®</sup> Relieve



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Dairy Relieve relieves symptoms of lactose intolerance and aids in the digestion of proteins (whey protein & casein), fats and carbohydrates.

## Dairy Relieve Benefits

- Helps reduce the occurrence of the symptoms of food intolerance
- Relieves abdominal bloating, cramping, and feeling of fullness
- Helps relieve digestive discomfort
- 100% vegetarian digestive enzymes
- Vegetarian capsules (gelatin free)

## Each hard capsule contains:

Tilactase 2500 ALU  
Protease 7500 HUT  
Amylase 1000 DUAA  
Lipase 100 LipU

No added gluten, soy,  
or dairy.

## Directions For Use:

Take 2 hard capsules with water, immediately before dairy products are consumed.

## Warning:

Always read the label.  
Follow the directions for use.  
If symptoms persist, talk to your health professional.

