



Meet a Musician Friendship Program

The heart of our initiative is the **Meet a Musician Friendship Program**, which aims to connect older adults through an online platform with musical artists, allowing family members or caregivers to join in as well. It focuses on fostering significant connections through the shared experience of music, promoting joy and an enhanced overall sense of well-being and quality of life. We understand that frailty can impact various aspects of life, and our goal is to provide support, engagement, and enrichment that respects your circumstances and enhances your well-being.



Memory Nurture

Memory Stimulation, Activities & Support



*"Music is a world within itself,
it is a language we all understand."
Stevie Wonder*

Meet a Musician Friendship Program
aims to bring together musical artists,
seniors, and their care partners
through a shared love of music.

Contact Us

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Perth, Western Australia

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PROUDLY OFFERED BY



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Why Music?

We believe that music can positively impact the lives of older adults; Research suggests that listening to music or singing songs can provide enhanced emotional and physical health, strengthened social connections, and enriched quality of life. Music is a unique and powerful way to reaffirm personal identity and feelings of social connection.

Music can also benefit caregivers by providing a way for someone to connect with their loved one, especially those who have difficulty communicating.

How does it work?

The program is delivered online via Zoom. You do not need to have a Zoom account to access the program, but you do need to have the following:

- **Computer/laptop:** ensure battery charged
- **Webcam:** either built into computer/laptop or separate webcam
- **Microphone:** built into computer/laptop
- **Speakers:** either built in or free standing & plugged into your device or headphones
- **Internet Connection**
- **Email address/account**



How to Book

To book a session, visit our website at www.meetamusician.com.au. On this page, you will find the biographies of our available Musical Artists and a booking form. Follow the directions on the page to make a booking. Once you have made a booking and paid, you will receive an email confirming your booking and asking you to complete a brief questionnaire which allows you to specify your preferred genre of music, favourite artists and more. This information is sent to the Musical Artist prior to your session so that they can prepare.

The service is paid for at the time of booking with your preferred Musical Artist, using credit card payment.

About Our Musicians

Our musical artists are highly talented in what they do often having either personal or professional experience working in a therapeutic setting. Each artist has a verified police check and undertakes Memory Nurture music and seniors training prior to becoming what we call a Music Friend.

Can I use NDIS or Home Care Packages to fund the program?

Unfortunately, NDIS or Home Care Packages cannot be used to pay for sessions. If you would like to access music interventions using these funds, please contact us as you may be interested in our [Music Nurture program](#).